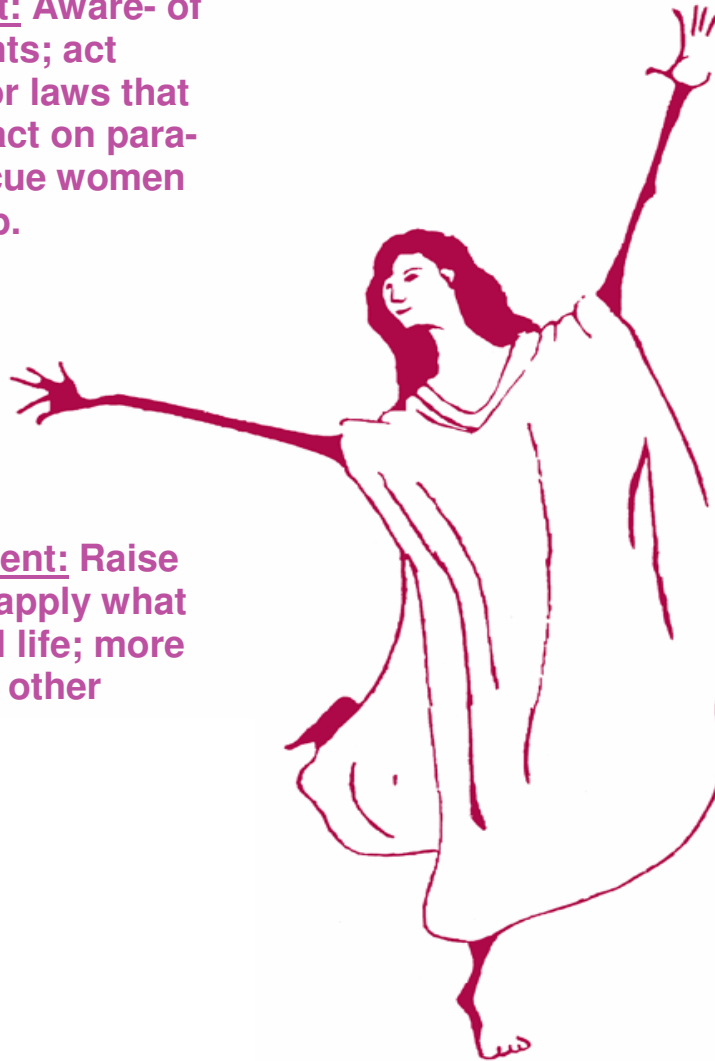


**Political empowerment:** Aware- of women's issues & rights; act collectively to lobby for laws that favor women; able to act on para-legal matters, i.e., rescue women from being rounded up.

**Cognitive Empowerment:** Raise hopes for the future; apply what they learn to personal life; more knowledgeable about other things.



**Economic empowerment:** Earn income from employment or alternative livelihood; sense of autonomy & control on decision-making in the family.

**Spiritual Empowerment:** Develop inner peace; realize worth and dignity in the eyes of God; learning to relate well with others.

**Psychological empowerment:** Realize victimization; develop self-confidence; become articulate in expressing self.